



PASSWA

**PRACTICAL SKILL TRAINING ON MEDICAL
CLINICAL SERVICES AND OLDER ADULT CARE FOR SOCIAL WORKERS
THURSDAY 23RD APRIL, 2026.**

Title

Medical Clinical Services & Older Adult Care for Medical Social Workers

Description

This course will equip medical social work students with the knowledge and practical skills required to support older adults across clinical settings.

It emphasizes biopsychosocial assessment, interdisciplinary collaboration, ethical practice, and culturally responsive care for ageing populations.

Learning Objectives

By the end of this course, students should be able to:

- Conduct comprehensive biopsychosocial assessments for older adults
- Understand common geriatric conditions and their social implications
- Provide patient-centered care and discharge planning
- Navigate ethical issues in elder care
- Collaborate effectively within multidisciplinary healthcare teams

Modules

1. Introduction to Ageing & Geriatric Care

- Concepts in ageing (biological, psychological, social ageing)
- Demographics of ageing (global and Nigerian context)
- Introduction to Geriatrics and gerontology
- Myths and stereotypes about ageing

2: Health Conditions in Older Adults

- Common geriatric syndromes: 5 Ms
- Dementia
- Delirium
- Degenerative joint Diseases
- Hypertension
- Diabetes Mellitus
- Multimorbidity and polypharmacy
- Functional decline and frailty

3. Biopsychosocial Assessment

- Principles of holistic assessment

- Tools for assessing:
- Activities of daily living (ADLs)

- Cognitive function
- Social support systems
- Risk assessment (falls, neglect, abuse)
- Documentation

4. Communication & Counseling Skills

- Communicating with older adults (including those with sensory impairment)
- Goals-of-care discussions- Advance Care planning
- Counseling caregivers and families
- Managing grief, loss, and adjustment

5. Clinical Social Work Interventions

- Care planning and case management
- Discharge planning and transitional care
- Rehabilitation and long-term care support
- Palliative and end-of-life care

6. Elder Abuse, Ethics & Legal Issues

- Types of elder abuse (physical, emotional, financial, neglect)
- Safeguarding and reporting mechanisms
- Ethical principles in geriatric care:
 - Autonomy
 - Beneficence
 - Confidentiality
- Legal frameworks relevant to older persons in Nigeria

7. Community & Policy Context

- Social determinants of health in ageing
- Community-based care models
- NSSC
- Health insurance and access issues
- Advocacy for older persons' rights